emirates dubai 7s



INVITATIONAL AND ATHLETE HANDBOOK

Emirates DUBAI 7s NETBALL
PRESENTED BY DUBAI HOLDING COMMUNITY MANAGEMENT

Emirates DUBAI 7s CRICKET
PRESENTED BY DULSCO GROUP

Emirates DUBAI 7s RUGBY

Emirates DUBAI 7s GAELIC FOOTBALL

WODON3 REBOUND

WELCOME



WELCOME TO THE 2026 EMIRATES DUBAI 7s INVITATIONAL!

It is a real pleasure to welcome you all to the 2026 Emirates Dubai 7s.

It goes without saying that this is 100% our favourite weekend of the year and it is our privilege to make sure that it is yours too.

This is the 56th edition of this magnificent event and central to its success and the unique atmosphere across the weekend is the Invitational Tournament and the positive energy that nearly 500 amateur sports teams from 33 countries brings.

It is important to pay tribute to the incredibly loyal rugby teams, some of which have been with us since the very beginning and many who have returned year on year for over 25 years who played, enjoyed and spread the word such that we now welcome well over 200 teams from all over the world. Since Netball joined in 2014, the growth has been exponential. Now we have nearly 100 teams competing and the atmosphere courtside is electric throughout the three days. You would be wise to go and take a moment to soak it up. Cricket goes from strength to strength. In just its 5th year, the event is full again

Added to that, I must highlight the incredible work of an army of volunteers without whom, we simply would not be able to function. They occupy numerous roles from Referees, Umpires, Pitch Managers, Ball Kids, Scheduling staff and Customer Service. All are committed to being part of this event and ultimately making your experience the very best it can possibly be.

Across the weekend, please do take a moment to engage them and show your appreciation for the work they do and despite some on field frustrations, please show them the respect that they so richly deserve.

The Emirates Dubai 7s Invitational wouldn't be the event that it is without us changing things up a bit each year. This year, we are thrilled to introduce GAA in the form of Gaelic Football which you should definitely take some time to watch on Pitch 5. There is a brilliant Irish sports community in the UAE. This year, we will have 17 Men's and Women's teams competing across Saturday and Sunday in our inaugural year which, if it is as successful as we expect, will see international teams from all over the world joining in 2027. To the GAA community, Céad Mile Fàilte – it is fantastic to have you with us.

Let's not forget our WODON3 Fitness and Rebound Padel competitions which have seen over 600 new participants compete in the past 3 years. These sports offer the opportunity to compete at all levels from Super Social to Elite and its great to see so many people getting the heart rate up before enjoying some well earned R&R, the variety of which will be unprecedented this year – Beats on Two has a bigger capacity this year with some outstanding DJs scheduled across the weekend, there are more bars across the site and an even bigger variety of food, beverage and live music options for you to enjoy as well as a brand new zipline.

This year, along with the international teams competing on the HSBS SVNS World Series, we are delighted to have been appointed to host SVNS 3 meaning we will have an additional 6 mens and 6 womens teams playing on Pitch 1 on Friday and Pitch 2 on Saturday. With 28 international teams plus a few more competing in the invitational, we are proud to be able to call our event the largest international rugby sevens event on the planet. The main stadium will have plenty of action on all three days this year so pick a side and give them a great Dubai welcome!

I and my team are dedicated to giving you the best on and off field experience thanks in no small part to the commitment and loyalty that you show to the event and the huge contribution made by participants, officials and volunteers to make Dubai the biggest and best event in the region.

Enjoy a fantastic time with friends and family. I hope to bump in many of you over the weekend.

All the best,



Simon Jelowitz

Head of Sport Operations
Emirates Dubai 7s



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NEW INITIATIVES AND IMPORTANT INFORMATION

LIVE STREAMING

This year's live stream of ALL Invitational Rugby matches will be operating as last year, with manned broadcast standard, single camera coverage of all pitches. The Live Stream will be exclusively available on the official Emirates Dubai 7s YouTube Channel - (217) Emirates Dubai 7s - YouTube where you can view the Match Schedule, choose your favourite teams and select the stream from one of the 9, Sevens Stadium Pitches. Please send this link to your teammates, friends and family and if you enjoy what you see, please hit like and 'Subscribe'.

BRING YOUR OWN WATER BOTTLES

- Teams are encouraged to bring reusable water bottles on to the Site each day.
- WE WILL NOT BE PROVIDING PLASTIC WATER BOTTLES AT ALL.
- THERE ARE 19 FREE WATER REFILL STATIONS LOCATED ACROSS ALL AREAS OF THE SITE (Refer to the Interactive Map for Locations)
- It is each participant's responsibility to bring filled water bottles pitch and courtside before playing. There is plenty of time between matches to replenish.
- For those who forget to bring bottles to the venue, there will be a limited number of reusable bottles for teams to sign out from the Bag Drop at the Invitational Hub.

TEAM MANAGERS BRIEFINGS

To be able to get across important information regarding the event and the competitions we will host online briefings for all team managers, we highly advise for all teams to be present to avoid misunderstandings and lack of information from teams.

- Inv. Gulf Rugby – 19th November 5pm (UAE Time)
- Inv. International Rugby – 19th November 4pm (UAE Time)
- Netball – 18th November 5pm (UAE Time)
- Cricket - 18th November 6pm (UAE Time)

RECOVERY ICE BATHS

This year, we are delighted to offer a Recovery Team who will be providing paid Ice Bath Services. They maintain the very highest standards of service and hygiene using purpose-built baths with their own filtration system.

You can book and purchase individual baths onsite at the small tent at the Ice Bath Centre in the Invitational Hub. The team has also put a number of packages together to afford you the most value for money.

We recommend that you study your match schedule carefully and make pre bookings (details to be found on Page 14). You can also book on the day, subject to availability.

INVITATIONAL PLAYER DINING LOCATION

This is located on the top floor of the Players Clubhouse. Access is only available from Staircase 1 which can be found opposite the Netball Courts.

You can still purchase meals in advance by using the Payment Link sent for Participation Fees. This will give you access to add on Team Meals in advance and up to Monday 17th November.

Note: Pre orders before or on 20th November will be at AED 45 per meal whereas paying on the day at the Registration Tent in the Invitational Hub, will be at AED 55 per meal.

The menu has good variety and caters for all major dietary requirements and preferences. You can view the Full 3-day Menu at Page 24.

MEDICLINIC – PHYSIO AND STRAPPING

Our Official Medical Partner, Mediclinic will from this year be adding 'User Pays' Physio and Strapping services as well as continuing to run the Tournament Medical Centre.

Participants will be able to pre-book and pre-pay for these Services by Please refer to Page 13 for full details.

RUGBY SPECIFIC UPDATES

In 2024, UAE Rugby Federation followed the guidance of World Rugby and other National Unions in implementing Tackle Height Laws for the Community Game.

As such, all Invitational Tournaments at the 2026 Emirates Dubai 7s will be officiated under the new Tackle Height Laws EXCEPT the International Invitational Men's and International Invitational Women's competition.

All Team Managers and Coaches are required to ensure that they and all of their players are conversant with these Laws which can be found via the website https://emiratesdubai7s.com/.

As you will appreciate, if players, coaches and management are not up to speed with these Laws, it can lead to misinterpretation of Match Officials decisions and has the potential to lead to on or off field misconduct. As such, we cannot stress enough the importance of all players understanding these Tackle Laws.

NEW SPORT !!

In order to give the ultimate experience to more sports we welcome a new sport to join the line up of the invitational sports. GAA will bring a new exciting environment to the Emirates Dubai 7s. They will be showcasing their skills at pitch 5 during Saturday and Sunday.

MOTHER AND BABY ROOM

Located in the Invitational Hub, behind the main Netball spectator stand, there is a facility for Nursing Mothers to feed and change their children in a private indoor environment.

The facility will include sofas, armchairs, changing tables, nappy bins and a water station.

For Fathers wishing to bottle feed and change their children, we ask that you use the Baby Changing Facilities in the toilets found across the site. There are also several shaded areas across the site to stop and feed the children including a huge, shaded area next to the Fitness Competition on Pitch 3.

DOWNLOAD THE OFFICIAL EMIRATES DUBAI 7S APP

You can now download the Emirates Dubai 7s Official app to keep up to date with all of the action.

Download via Apple App Store or Google Play Store.

Available on the Google Play | Download on the App Store

As well as information about the Festival, Attractions, Entertainment and Maps, it has a full Section by Section schedule with Pools, Match Times, Knockout Rounds and will be updated regularly for you to follow throughout the weekend. You can also choose to follow your favourite Teams and Events and it will provide you with details of times and locations for matches and other attractions.

It is also important for all teams to familiarize themselves with their respective Sport's Tournament Rules, all of which can be found at the website. https://emiratesdubai7s.com



ACCREDITATION

Application Process

RUGBY, NETBALL, CRICKET & GAA – Team Managers must submit all player accreditation information online by midnight (UAE time) on Tuesday 17th November.

- Teams needing to change players after 17th November will be required to do so in person at the Registration tent from Tuesday 24th November at the Accreditation Centre at Gate 7.
- Proof of eligibility will need to be provided for any new player and all player changes must be made by the Team Manager. Teams changing players will be issued a revised Squad Registration Sheet when the player changes take place.
- Please pay close attention to the documents that all teams are required to Upload and specific documents that may be required for Under 18s including completed Parental Consent Forms and in some cases, (Rugby) Union consent to participate.

For any and all Accreditation Queries, please contact ed7s.accreditation@emirates.com

WODON3 FITNESS AND REBOUND PADEL

- WODON3 & REBOUND PADEL – Team Managers must submit all player accreditation information online by midnight (UAE time) on Monday 24th November.
- Teams needing to change players after the 24th November will be required to do so in person at the registration tent from Tuesday 24th November at the Accreditation Centre at Gate 7.
- Please pay close attention to the documents that are required. Changes can only be made by Team Managers

Collection

- You are strongly encouraged to collect Accreditation Passes from Tuesday 24th – Thursday 26th November from the Gate 7 Accreditation Centre
- Those collecting on Friday 27th or later can expect significant queues which may impact your timely arrival to participate in your chosen event.
- To collect Accreditation passes, only one Team representative is required to attend with all necessary documentation to be provided with their Accreditation passes. If a late change is required, you will need to bring the new player with all documentation in electronic format if not already submitted.

Registration and Accreditation Centre

Opening times are:

Tuesday 24th November	16:00h – 21:00h
Wednesday 25th November	12:00h – 19:00h
Thursday 26th November	09:00h – 19:00h
Friday 27th November	07:00h – 22:00h
Saturday 28th November	07:00h – 22:00h
Sunday 29th November	08:00h – 16:00h

PRE-TOURNAMENT COLLECTION – GATE 7:

Tuesday	4:00 pm to 09:00 pm
Wednesday	12:00 – 07:00 pm
Thursday	09:00 – 07:00 pm
Friday	07:00 – 12:00 pm
Saturday	07:00 am to 10:00 am
Sunday	07:00 am to 10:00 am

TOURNAMENT TIME ACCREDITATION MATTERS – INVITATIONAL HUB

Friday	07:00 – 10:00 pm,
Saturday	07:00 – 10:00 pm and
Sunday	08:00 – 04:00 pm.

Accessing the Venue

- You Accreditation Pass will include a unique QR Code containing your Entry Ticket, which will be scanned at the Gate to allow you to access the Venue
- You will be scanned in at Gate 7 (Invitational Player Entrance) or Gate 10 (public entrance)
- For additional FAQs find website link: https://emiratesdubai7s.com/info/

Rules for Accreditation at the Match Venue

- Accreditation Passes for players and management will only be issued when the signed Squad Registration Sheet has been uploaded into the Accreditation portal with all of the necessary signatures and shirt numbers (Rugby & GAA). Changes once the portal has been closed, can be made at the Gate 7 Accreditation Centre from Tuesday 24th November. (See Opening Times on Previous Page).
- Players must wear their Accreditation Pass at all times, except whilst playing, when the pass should be retained by the Team Manager.
- The Accreditation Pass allows a squad member access to the areas they need to enter in order to take part in the Invitation Tournament. Without an Invitation Tournament Accreditation Pass, access will be denied. Lost passes must be replaced immediately, a AED500 fee is applicable.
- Anyone found to have loaned their Accreditation Pass to another person for the purposes of accessing areas to which they are not entitled will have their pass(es) revoked immediately and will be asked to leave the Venue.

Entrance

- As mentioned, squad members may enter the venue via Gate 7, your dedicated entrance located close to the invitational Players' car park and bus park. Alternatively, Players can enter via the main public entrance (Gate 10) and use the dedicated 'Accreditation' Lane on the right-hand side of the entrance. Please see the map at Page 20.
- IMPORTANT NOTICE – Any sharp items within your kit bags and personal belongings will be confiscated at the point of entry. They can be collected upon departure from the event.
- For Teams travelling with Medics, please note that or ensure that you only bring rounded scissors.

Bag Drop

Invitational Hub Bag Drop (Rugby, Netball, WODON3 and Rebound Padel)

Location	Invitational Hub
Opening Hours	06:30 to 00:30 daily
Guideline	Players are required to provide their name, contact number and sign for leaving their bag and collecting their bag. Bags will be numbered with a sticker, a duplicate of which will be applied to the back of their accreditation. This replaces the old token system.

Cricket Bag Drop

Location	Cricket Ovals beside Pavilion 2
Pre-Event	Between 09:00 and 13:00 on Thursday
Operating Hours	26th November
Post event	07:00 to 21:30 daily 09:00 to 12:00 (midday Monday 30th November
Guideline	Players are required to provide their name, contact number and sign for leaving their bag/ trunk and collecting it. Bags/ trunks will be numbered with a sticker, a duplicate of which will be applied to the back of their accreditation. This replaces the old token system.

Lost and Found Policy

On the Festival dates Nov 27th to 29th

- Guests should check the lost and found cabin near gate 9 or;
- Call the Lost and Found contact centre number- +971 50 950 9661

Lost & Found Opening Hours:

Nov 27: 0800 - 0000

Nov 28: 0800 - 0000

Nov 29: 0800 - 0030

Nov 30: 0800 - 1400

After the festival is finished

- Guests can visit the lost and found cabin near gate 9 until 1400 on the Nov 30 (Cabin will be closed from 0030-0800 on the morning of Nov 30) or;

- Please call the Lost and Found contact centre number - +971 50 950 9661

Found items will be transferred to Emirates Group Head Quarters (EGHQ) on Monday Nov 30 at 1600.

Found items are stored at the EGHQ security office, if after 03 months, the owners of the lost property fail to contact the EGHQ security team, the items will be transferred to the Dubai Police Lost and Found office.

The owners of lost property can contact the EGHQ security team for inquiries about the lost item on the following contacts;

Email: accommseclf@emirates.com

Contact number: +971 4 708 1919

TAKING THE FIELD / COURT FOR MATCHES

Teams must report the Pitch or Court or sporting venue that they are due to play on 20 minutes before their match is scheduled to start and register their presence with the Pitch or Court Marshall.

Security will carefully check your accreditation for a visual identity check, before you enter the Field / Court.

Squad members are not permitted to play until they have signed the Squad Registration Sheet and received their Accreditation Pass.

Field / Court access will not be granted outside of those times.

SATURDAY PITCH 2

SVNS3 is joining Emirates Dubai 7s for the first time! We will host 12 international teams during the weekend and they will take pitch 1 on Friday and Pitch 2 on Saturday.

Teams playing in pitch 2 during Saturday. If their game follows a SVNS3 game or is before a SVNS 3 game the warm up will be in the dead ball area of pitch 3. MUST NOT USE the warm up areas for the SVNS Series teams.

POOL PLAYERS

Individuals wishing to join a Rugby or Netball team may put their name on the list of Pool Players. You are able to register using this Link . Your details will be circulated to teams prior to the tournament. The Pool Players list is held at the Registration Tent and will remain open until 17.00h on Saturday 28th November.

TEAMS

Teams who think they may arrive short of squad members should contact Emirates Dubai 7s in advance.

For a list of Pool players that are already available, please contact ed7s.accreditation@emirates.com.

MEDICAL/INJURY

A player becoming injured and certified by the medical personnel as medically unfit to play will be able to be replaced, as detailed in the Squad Registration section.

PITCH / COURT MARSHALL AREAS

Pitch and Court Marshalls are appointed to All Sports. They will be able to assist with many of your event specific enquiries to save you needing to head back to the Invitational Tournament Hub.

Rugby	Pitch Marshall tents are located at the side of pitches 2, 4, 5, 6, 7, 8 & 9
Netball	The Netball Court Marshall's table is inside the Netball Courts.
Cricket	The Cricket Manager can be found on Oval 1 side of the Pavilion and there will be an Oval Manager for each of the five Ovals.
Fitness	The WODON 3 Pitch Marshall Team will be based at Pitch 3.
Padel	The Padel Tournament Manager and staff will be set up courtside.
GAA	GAA will have a tent for their officials located at the side of pitch 5.

CONDUCT

At the Emirates Dubai 7s, we pride ourselves on the incredibly friendly atmosphere, all of which is generated by you, the participants. You all set the tone.

We would really appreciate you reminding your players, coaches, and management that your Match Officials are amateurs just like you, aiming to be the best they can be. Our Pitch Marshalls are volunteers who participate for the love of sport and the camaraderie that comes with it.

Please can we collectively ensure that we observe the unique values that sport upholds and ensures that not only players, but officials, fans, children, and volunteers have the best possible experience too.

As you know, we have Tournament Rules that include those relating to Conduct and these will be strictly enforced in the event of abuse of Match or Tournament Officials. That said, we are hopeful that through the unique atmosphere created at the Emirates Dubai 7s, we can self-regulate and ensure that everyone has a wonderful experience.

MATCHES

It is imperative that all teams arrive on time for their matches as the tournament runs to a very tight schedule.

Rugby: all pitches will have technical zones marked for non-playing staff and replacements. All non-playing team members must remain within these zones while play is in progress. Pitch Marshals will monitor this.

Netball: each court will have a team bench for each team which must be used by teams and their support personnel whilst play is in progress. Court Marshals will monitor this.

Cricket: each oval will have seating and shade for Management and non-playing reserves. Teams playing must sit in this area.

Padel and WODON3: Only Participants will be permitted on to the Courts and the Fitness Participation Area however, there will be ample opportunity for spectators to view at close quarters.

Should a team delay the start of a match through non-appearance or lateness the referee/umpire reserves the right to shorten the match time or award the points to the opposition.

WARM UPS

Rugby: Teams may access the pitch on which their match is due to take place up to 20 minutes before the start of their match for warming up in the dead-ball area.

If you are playing a final on pitch 1, your warm up area will be the goal/dead ball area of pitch 2, unless there is a SVNS3 match during Saturday, in that case you will be warming up at the in goal/ dead ball area of pitch 3. If you are playing on pitch 2 during Saturday right after a SVNS3 game, your warm up area will be the goal/dead ball area in pitch 3. ALL TEAMS WARMING UP IN PITCH 3 MUST NOT take the place of a SVNS Series team.

Netball: Teams may warm-up outside the courts in a large Dubai Holding Community Management branded warm up area behind the main stand, close to Gate 1 and the Invitational Hub. Warmups will not be permitted outside of this area.

Cricket: Teams are encouraged to use the grass areas outside of each Oval to warm up. Nets will not be available.

Rebound Padel: You will be given the opportunity to warm up for a couple of minutes on court before the start of your game

Wodon3: There is a warmup facility for all participants at Pitch 3 before competing in WODON3.

MATCH SCHEDULING

Please download the Emirates Dubai 7s App for the Tournament Schedule.

For any queries during the weekend, please visit the Invitational Hub Registration Tent.



PRESENTATIONS

The following Trophies Medals and Awards will be presented at the various sports Presentation Stages:

Cup Winners	Trophy and Individual Awards
Cup Runners Up	Individual Awards
Plate Winners (where applicable) Awards	Trophy and Individual
Plate Runners Up (where applicable)	Individual Awards

RUGBY ONLY – Presentations for Winners and Runners Up of Plate Competitions and Winners of Bowl and Shield Competitions will, where applicable, be presented with their awards Pitchside by Pitch Management to the Captain on the Field / Court at which that particular final is played. Should any Award winners wish to have a photo opportunity on the Presentation Stage on Level 1 of the Players' Club (facing Pitch 6), they are very welcome to do so, in co ordination with the ED7s Presentation team who will be in attendance

Rugby and GAA Presentation Stage Location	1st Floor Players Club. Pitch 6 Stairs
Netball Presentation Stage Location	Dubai Holding Activation Lounge @ Courts
Cricket Presentation Stage Location	Between Ovals 1 and 2
WODON3	Pitch 3 Presentation Area
Rebound Padel	Courtside





THE INVITATIONAL HUB

Changing Rooms and Toilets

Invitational Tournament changing rooms, toilets and showers are located within the Invitational Hub. Nearest additional Toilets are located outside the Players' Club near the swimming pool and behind the East Stand of pitch 1.

There are greater numbers of toilets across the entire site this year thus you will never be too far away.

MEDICAL AND WELLBEING PROVISION AT THE EVENT MEDICLINIC PHYSIOTHERAPY AND STRAPPING SERVICES

From this year our Official Medical Partner, Mediclinic will be adding 'User Pays' Physio and Strapping services as well as continuing to run the Tournament Medical Centre. This service will be available each tournament day, offering the following services on a pay-per-use basis. Come find us at our new location next to Pitch 6

SERVICES AND TREATMENTS	TREATMENT TIME	TREATMENT PRICE
Taping – finger	5 mins	35AED
Taping – all other limbs	15 mins	95AED
Strapping – shoulder and thigh	15 mins	150AED
Soft tissue	15 mins	150AED
Supportive Equipment (e.g. crutches)	-	As per item

HOW TO BOOK

We strongly recommend players/teams to contact Mediclinic via WhatsApp on +971 50 175 9259 or by email to emiratesdubai7s@mediclinic.ae to book their strappings and ensure they are assisted at the time needed. These channels will open from the 14th of November.

TOURNAMENT TIME INJURIES – PLAYERS' MEDICAL SERVICES

A Players' Medical Room for players injured during play only, is located at the east end of The Sevens Stadium South Grandstand. Entry to this room is by referral from Tournament field / courtside medical staff only.

If Field or Courtside medical personnel advise you or guide you to attend the Medical Centre, it is important that you take their advice. If you feel that you have sustained an injury and need to attend the medical center, please make sure that you make contact with field / courtside medics in advance, for referral.

A full medical team will be in attendance throughout the three days of the Tournament offering field /court-side assistance.

Ambulances will be on site throughout the tournament in the event that a player needs to be taken to hospital.

Injured players who are medically signed off by the Tournament Doctor must not participate any further.

Specific injuries by ambulance only. Maybe say requiring hospital treatment will be transferred to hospital, from The Sevens Stadium at no extra cost. Noting as well that they'll be taken to tournament approved hospitals, rather than the hospital of their choice.

Note:

The Tournament will be responsible for the costs of any treatment that you receive when at The Sevens Stadium except for any User Pays medical / physio services. The Tournament will also cover any transfers to hospital in the event that this is formally advised or recommended by the Tournament Medical staff.

Thereafter, any and all costs associated with further treatment are for the participant's account. Patients then claim expenses back through their personal medical insurer. Tournament participants are therefore strongly advised to bring a credit card to the tournament in case of emergency.

CONCUSSION

The Tournament will be operating a strict 'Recognise and Remove' policy. We will have Emergency Medical Technicians at court / field side who will monitor possible concussions. The expectation will be that if such an injury is sustained, the advice of the EMTs must be followed and the player involved removed from the playing area and to take no further part in the tournament. Organizers will be in communication with the EMT and wider Medical Team to monitor such injuries.

We appreciate all teams' support to ensure we put player safety first.

PUBLIC FIRST AID CENTRE

Public First Aid Centres for non-players, are located behind West Grandstand, Shaded Garden, Cricket Walkway and Pavillion 2 at the Cricket Ovals.

MEDICAL INSURANCE TO PARTICIPATE

All players MUST have sufficient medical insurance that covers them for playing competitive sport (including rugby, netball, cricket, padel and fitness) and participating in the Tournament. Players needing to purchase medical insurance for Tournament specific cover are welcome to go to the following broker for a quote, should they wish:

UK Residents; https://www.jsinsurance.co.uk/travel_insurance/dubai-rugby-travel-insurance.html

RECOVERY ICE BATHS

Ice Baths and Sports Recovery

Our services are used by international rugby players, Premier League soccer players. This weekend, attendees will have the unique opportunity to experience the same high-level recovery services that these elite athletes rely on.

See you at Recovery!

Guidelines and Regulations:

To maintain high cleanliness and hygiene standards, all users must take a shower before entering the ice bath. Showers are located right next to our Location in the Invitational Hub opposite the Registration Tent.

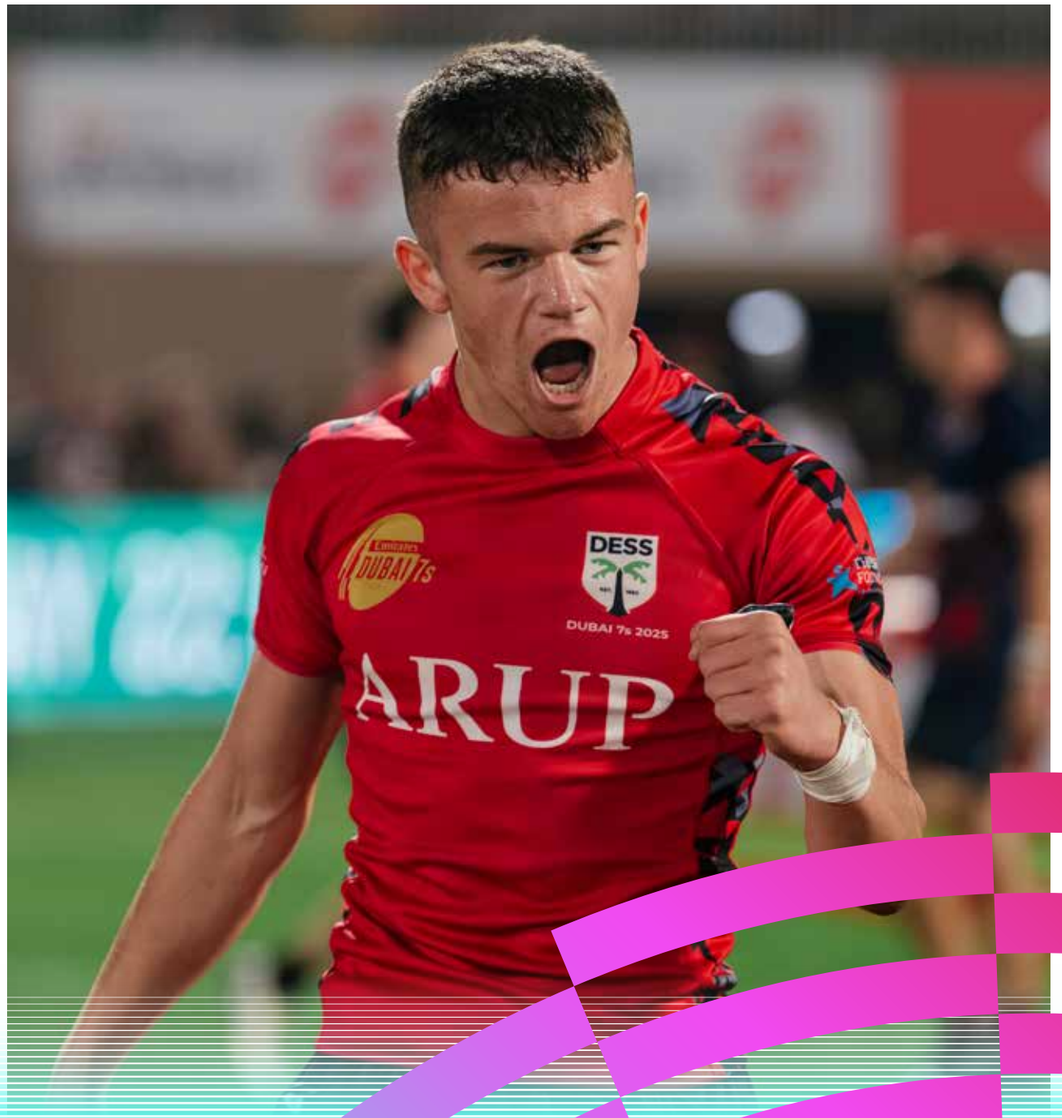
Each ice bath session is limited to a maximum of 5 minutes to ensure that everyone has a chance to benefit from the experience.

The Invitational Hub which is located behind the Netball Courts.

Once in the Hub we can be located on the left hand side close to the Water Refill station

Important Note:

For your safety, please complete the waiver and liability form through our online booking portal before using the ice baths. This ensures a seamless and enjoyable recovery session. We are committed to providing you with an exceptional experience.



DRESS CODE

The Stadium

Participants are reminded to be culturally sensitive and respect the UAE rules, appropriately modest clothing should be worn at all times in and around the stadium. Swimwear is not permitted to be worn outside the pool enclosure.

Pool Area

Pool attire should be limited to trunks or shorts for men and bikinis, or one pieces for women.

Inappropriate swimwear along with nudity is not permitted for either gender.

GAZEBOS

Team Gazebos and Tents

Each Participating Team may bring a maximum of two 3x3m gazebos which may be branded with the Team Logo and one sponsor logo.

Note, the bank behind the posts on BOTH sides of Pitch 2 is reserved for UAE clubs and schools only. Those schools and clubs have been informed and provided with a location map.

No other clubs or schools, other than those identified and advised, may pitch Gazebos on Pitch 2.

For the Teams authorised to have a presence on Pitch 2, the following process will apply:

- Teams should deliver their Gazebos, wrapped neatly, to the Accreditation Centre at Gate 7 no later than Wednesday 25th November at 6pm.
- All Gazebos must be marked with a Tag with the Club Name and 'RUGBY PITCH 2'. Clubs will not be provided access to the Site to erect the Gazebos.
- The placement and erection of Gazebos will be managed by Rugby Clubs Management and dnata logistics in accordance with the map previously circulated by RCM.
- Once erected, Clubs and Schools may not attempt to move their position. Should this happen, security will remove their gazebos.
- Clubs and schools must lower their gazebos to a safe height at the end of each day
- Gazebos must be taken away from the site on Sunday night on departure from the event OR, lowered and collected no later than Monday 30th November at 5pm.

Gazebos for Netball can be placed on a First Come First Served basis behind the Main Netball spectator Stand (close to the Dubai Holdings Community Property Management Gazebo shades) and behind the Rugby Posts on the interlock at Pitch 6.

Cricket gazebos can be placed around the Ovals no less than 5m behind the boundary edge.

If required, Security will ask you to please move them to a place more convenient for everyone.

All other Gazebos can be placed on areas of the interlock that do not impinge on Team and Tournament Operations or obstruct pathways (not least for medical vehicles).

Participants are reminded that no promotional activities can take place within the venue.



Teams are reminded that due to merchandising constraints the official Tournament logo may not be reproduced or replicated on the team kit or any apparel.

Please see Section 13 of the Tournament Rules for further information regarding sponsorship and commercial/ promotional activities.

FLAGS

Please note that the only National Flags (Including those represented on Playing Kits or off field attire) that are permitted within the Venue are those of the Host Country, the United Arab Emirates OR of an HSBC SVNS Participating Country. No other flags will be permitted onsite.

BRING YOUR OWN WATER BOTTLES

- Teams are encouraged to bring reusable water bottles on to the Site each day.
- WE WILL NOT BE PROVIDING PLASTIC WATER BOTTLES AT ALL. THERE ARE 19 FREE WATER REFILL STATIONS LOCATED ACROSS ALL AREAS OF THE SITE (Refer to the Interactive Map for Locations)
- It is each participant's responsibility to bring filled water bottles pitch and courtside before playing. There is plenty of time between matches to replenish.
- For those who forget to bring bottles to the venue, there will be a limited number of reusable bottles for teams to sign out from the Bag Drop at the Invitational Hub.

FOOD

Invitational Player Dining

Meals may be purchased a cost of 55AED per person on the day however, Discounted meals (AED 45 per meal) can be secured by pre-Booking up to and including Friday 15th November. You can use your original Payment link to do so and just add on the number of meals you want each day.

Any teams that have pre-purchased food will receive the vouchers with their accreditation.

The extensive Menu can be found at Page 24. Meals will be served from 11.00am until 7.00pm.

Complimentary water will be available throughout the day from 18 water dispensing facilities around the site.

PLAYER SEATING

Invitational Tournament teams benefit from a dedicated seating area in the main International Rugby Stadium (Pitch 1). Bay 1 of the South Grandstand at the South East Corner of the main stadium. Please see image for reference, which can be found at Page 20.

SUPPORTER TICKETS

If teams require tickets for supporters, please purchase at www.emiratesdubai7s.com

All tickets are electronic and can be accessed by downloading the Emirates Dubai 7s App where they will appear in the 'Wallet' Section.



TEAM PHOTOGRAPHY

Team Photographers will not be accredited to enter the Field of Play or Courtside. Anyone wishing to take pictures may do so from outside in the public spectating areas and they can purchase a ticket as per the above instruction.

We have partnered with Sport DXB who will be accredited to enter pitch and courtside and have put together a great package which you may wish to purchase as a memento of your participation in Dubai.

You can use your original Payment Link (for Participation Fees) to access the portal and 'add on' an Official Photography Package. You will not be disappointed. Some more details below:

Details of Sport DXBs services and pricing can be found at Page 25.

TOURNAMENT TRANSPORT AND PARKING

Invitation Players will be able to park in a dedicated area and access the Stadium through Gate 7. Team buses will be allocated an exclusive position in this area. Team buses must display the appropriate car park pass. Teams will be issued with a bus parking pass when the Squad Registration Sheet is lodged. Invitation Tournament players are not permitted to park at the Players Club car park and access to this area is not available.

Taxis will be available from the vicinity of the main public entrance (Gate 10) throughout the three days of the tournament.

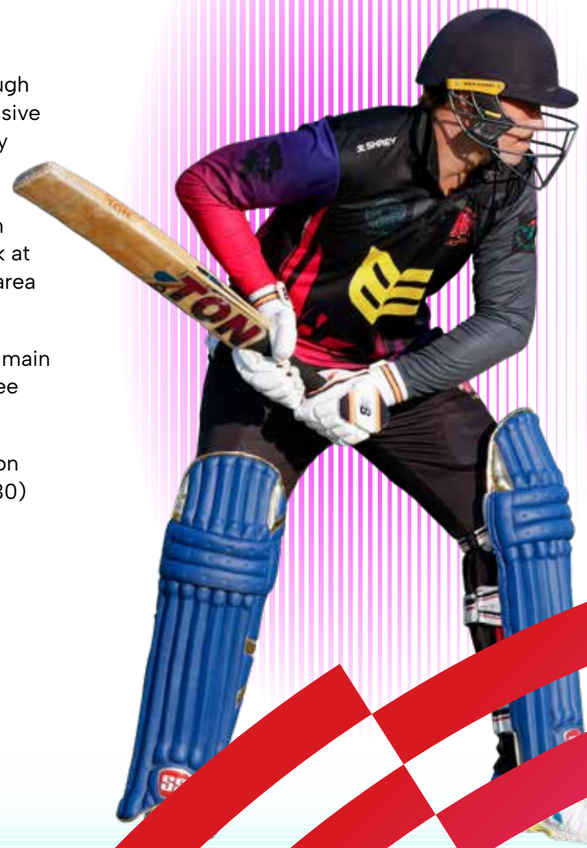
Complimentary public shuttle buses will run on Friday (19:00 – 23:30), Saturday (19:00 – 01:30) and Sunday (19:00 – 01:30) from The Sevens Stadium to a variety of popular destinations across Dubai.

REFLO

OFFICIAL MERCHANDISE FROM REFLO

Our Brand New Partner REFLO has got some incredibly cool official merchandise this year. They have a huge outlet located between the South Grandstand and Pitch 2. Once you head in from Gate 7 or 10, you can't miss it.

OPENING TIMES: FRIDAY TO SUNDAY – 9.00AM – 7.00PM.





COMPETITION FORMATS

We encourage all teams to review their schedules carefully and begin preparing for what promises to be another exciting edition of the tournament.

While every effort has been made to finalize the competition schedule, please be aware that adjustments may still be required prior to the event. If any changes become necessary, we will communicate them promptly to all affected teams. Our priority is always to provide the best possible experience for all participants while maintaining the smooth operation of the tournament. Note that you should always follow the website schedule.

Kindly find in the following link all the competition formats and the transition from pool phase to knock out phase:

https://www.macoocoo.com/tournaments/2633/rules



SPORTS

Pitch

- P1 Pitch 1 HSBC SVNS
- P2 Pitch 2
- P3 pitch 2 SVNS 3
- P4 Pitch 4
- P5 Pitch 5
- P6 Pitch 6
- P7 Pitch 7
- P8 Pitch 8
- P9 Pitch 9

Netball Courts

- N1 Court 1
- N2 Court 2
- N3 Court 3
- N4 Court 4

Cricket Ovals

- C1 Oval 1
- C2 Oval 2
- C3 Oval 3
- C4 Oval 4
- C5 Oval 5

Rebound Padel

- R1 Court 1
- R2 Court 2
- R3 Court 3
- R4 Court 4
- R5 Court 5

- S1 WODON3
- S2 Rugby Masterclasses
- S3 Cricket Masterclasses
- S4 C11 Ice Baths

ENTERTAINMENT

- 01 Kids' Zone
- 02 Rugby Rocks
- 03 Glam Bus
- 04 Glam Tent
- 05 Beats on 2
- 06 Frequency on 8
- 07 The Backyard
- 08 Zip Line Launch Tower
- 09 Zip Line Ending
- 10 Reflo Merchandise Tent
- 11 Arcade
- 12 Skill Games
- 13 Quad Biking Area

FACILITIES

- 01 HSBC Premier Lounge
- 02 Sunroom Hospitality
- 03 HSBC South Grandstand
- 04 Family Grandstand
- 05 Emirates North Grandstand
- 06 Dnata East Grandstand
- 07 Shaded Garden
- 08 Hospitality Village
- 09 Main Entrance
- 10 VIP Parking
- 11 VVIP Parking
- 12 Invitational Hub
- 13 Sensory Room
- 14 Dulsco Buggy Pick Up
- G6 Gate 6 VIP Entrance
- G7 Gate 7 Invitational Team Entrance
- Water Dispenser
- First Aid
- Prayer Rooms
- Mother & Baby Room
- Toilets
- Taxis
- Buses

FOOD & BEVERAGE

- 01 Costa Coffee
- 02 Emirates Leasure Retail
- 03 Spud Bros
- 04 Yalla Mahalla
- 05 Slim Chickens
- 06 Pret A Manger
- 07 Mr. Toads Chips
- 08 KBJ
- 09 Barakat
- 10 Burro Blanco
- 11 Candylicious
- 12 Filli
- 13 Wing Stop
- 14 Yi Fang
- 15 Gino's Deli
- 16 Baskin Robbins
- 17 House of Pops
- 18 Humantra
- 19 Mattar
- 20 Papa Johns Pizza
- 21 Pickl
- 22 Spinneys
- 23 Melt
- 24 Naan
- 25 Vietnamese Foodies
- 26 Pasta Della Nonna
- 27 Coco Club
- 28 Tortilla
- 29 Yogurtland
- 30 TGI Fridays
- 31 Invitational Dining
- 32 Jack Daniel's Bar
- 33 Belvedere
- 34 Aperol Van
- 35 La Vieille Ferme Wine Bar
- 36 La creperie
- 37 Heineken
- 38 Fibber Magee's
- 39 The Little Fox
- 40 MMI
- 41 Zonin
- 42 Jack Daniel's Air Stream
- 43 Cobster
- 44 Roast and Bake

EMIRATES DUBAI 7s

INVITATIONAL DINING MENU 2026

COURSE	DAY 1	DAY 2	DAY 3
MAINS	Smoky BBQ Grilled Chicken Thighs, Sticky Date Molasses Glaze	Peri Peri Flamed Chicken	Peruvian Style Roast Chicken
	Slow Braised Pulled Beef, Classic House Bbq Sauce	Famers Style Sausage with Caramelised Onion Relish	Chuck-Brisket Beef Patties
	Chickpea, Blackbean Patties, Coriander-Yogurt	Miso- Vegetable Skewer, Red Pepper Sauce	Vegan Veggie "Meatballs", Coconut Turmeric & Tomato Sauce
	Elote Corn	Cowboy "Caviar"	Black Lentil & Vegetable Bolognese
	Butternut & Cabbage Stew	Celeriac, Mushroom, Confit Tomato	Braised Vegetables, Romesco Sauce
SIDES	Paprika Roasted Baby Potatoes	Warm Hawaiij Rubbed Roasted Potatoes	Confit Potato with Orange & Dill
	Fire Roasted Seasonal Vegetables with Smoked Yogurt	Braised Carrots, Chickpeas, Dates & Feta	Tuscan Ribolitta
	Seared Broccoli & Maple Chili Glaze	Beans, Panko, Ginger Lime	Roasted Carrots, Glaze, Dukkah
PASTA	Three Cheese Baked Mac & Cheese	Brown Rice- Miso Mushroom Trio, Tomato Blush	Baked Rigatoni, Pumpkin Sauce, Caramel Onion, Sage
SALAD	Fattoush	Horiatiki Salad	Red Rice, Crispy Onion, Spinach & Mushroom Salad
	Beetroot Salad, Green Miso & Nori Shred	Sheetpan Caulfiflower, Ras El Hanout, Umami Ezme	Pesto Potato Salad
	Cous Cous, Roasted Tomato, Dressing, Greens	Fusilli Pasta, Pea & Radish Cream Salad	Pearl Barley & Roasted Red Pepper Salad
	Hummus	Hummus	Hummus
BAKERS BASKET	Khubz, Dinner Rolls, Buns	Khubz, Dinner Rolls, Buns	Khubz, Dinner Rolls, Buns
CONDIMENTS	Butter/ Burger Sauce/ Ketchup/ Mustard/ Mayonnaise	Butter/ Burger Sauce/ Ketchup/ Mustard/ Mayonnaise	Butter/ Burger Sauce/ Ketchup/ Mustard/ Mayonnaise
FRUIT	Apple or Banana	Apple or Banana	Apple or Banana
BEVERAGE	Water Bottle	Water Bottle	Water Bottle

Early Bird Offer: Purchase your tickets on or before Friday, 20 November 2026 at AED 45 per meal.
Tickets will also be available during the event days at AED 55 per meal.

HSBC SVNS | Emirates DUBAI 7s | ابيلا وشركاه ABELA&CO

EMIRATES DUBAI 7s

see you AT THE 7s

